



Family Support Services Pre- and Post-Relocation Services for Residents

Moving to a new neighborhood is a big step in anyone's life. It can be both a challenge and a new beginning. Questions often arise such as: Which schools and churches are in my new neighborhood? How far is it from my job? Is it near bus and streetcar lines? Are there grocery stores and dry cleaners in or near my new neighborhood? What will my new neighbors be like? What about playgrounds and childcare? Understandably, these concerns may contribute to stress, feelings of anxiety and uncertainty as residents begin to prepare to move forward in transition.

Catholic Charities Sojourner Truth Community Center is available to assist in your transition and offer the following services:

- **Family Stabilization** – provides services tailored to the needs of you and your family via one-on-one support; information and referrals to assist with basic needs such as school enrollment, utilities and general household establishment issues
- **Health & Wellness** – provides informational seminars on topics such as diabetes and blood pressure maintenance, stress management, emotional well-being, weight management and nutritional balance; referrals for mental health/substance abuse assessment and intervention
- **Wealth Development** – provides assistance with development of family budget and strategies to maintain monthly budget; seminars on financial literacy (i.e. credit counseling, savings strategies, creating a positive financial future); entrepreneurial training and resources referrals; and home ownership counseling
- **Youth Enhancement** – provides social skills training, tutoring referrals, parent/child advocacy, cultural development, behavioral/mental health referrals and college prep (i.e. assistance with college applications, scholarship search, financial aid applications)
- **Employment Seminars** – provides workforce development training via job search assistance, seminars on resume development and interviewing skills, referrals to apprenticeship and vocational programs, information and referrals on continuing education/job upgrade, literacy and GED; and supportive counseling for life/labor transition issues (i.e. forced and/or elective career change)

Mission:

Sojourner Truth Community Center inspires hope for a safe, healthy, diverse community through implementation of quality programs that are enriching and creative; programs that will holistically address individual, family and community needs and desires. Our goal is to contribute to the empowerment of the community with resources and tools to cultivate positive transformation.

Confidentiality:

We are sensitive to and respect your right for confidentiality. We keep our clients' information private as required by law, accreditation standards and our own policies.

Veterans Affairs Medical Center (VAMC) What You Need to Know:

The federal law known as the Uniform Relocation Assistance and Real Estate Property Acquisition Policies Act of 1970 (URA) ensures fair treatment for those being asked to relocate.

Should you have questions about your particular acquisition/relocation needs, a Family Support Services Coordinator will be happy to refer you to an appropriate representative from the State.

For information on the new Veterans Affairs Medical Center, please visit online at www.nolamedzone.com.

For additional support, contact:

D'ana Smith
Director of Human & Social Services Program
SOJOURNER TRUTH
COMMUNITY CENTER
2200 Lafitte Street
New Orleans, LA 70119
(504) 827-9963
www.ccano.org

Translation services available at:
HISPANIC APOSTOLATE
COMMUNITY SERVICES
2809 Harvard Avenue
(between Clearview & Transcontinental)
Metairie, LA 70006
(504) 457-3462
www.ccano.org

Hours of Operation:

Monday – Friday: 8:30 a.m. – 6:00 p.m.
Saturday: 10:00 a.m. – 4:00 p.m.